

Curriculum vitae for CHRISTINA M. CRUZ, MD, EdM

1. Personal Information

Christina Melissa Cruz, MD, EdM

101 Manning Drive, CB7160, Chapel Hill, NC, 27514

Work email: christina_cruz@med.unc.edu

Licensure:

- North Carolina Medical Board License to practice as an MD: 2013 – present
- ABPN Board Certification in General Psychiatry: 2017 - present
- ABPN Board Certification in Child and Adolescent Psychiatry: 2018 - present

2. Education

- **Child & Adolescent Psychiatry Residency/Fellowship**
2016-2018, University of North Carolina Hospitals, Chapel Hill, NC ○ Fast-tracked from residency with last year of residency overlapping with first year of fellowship
- **General Psychiatry Residency**
2013- 2017, University of North Carolina Hospitals, Chapel Hill, NC
- **Medical School**
2008-2013, Harvard Medical School, Harvard University, Boston, MA ○
Doctor of Medicine (MD), May 2013
○ Year off academic year 2011-2012 to complete Master in Education
- **Education School**
2011-2012, Harvard Graduate School of Education, Harvard University, Cambridge, MA
○ Master of Education in Prevention Science and Practice (EdM), May 2012 ○
Zuckerman Fellow (as in awards below)
- **Pre-medical post-baccalaureate**
2006-2008, Harvard Extension School, Harvard University, Cambridge, MA ○ Certificate in pre-medical studies to complete pre-medical pre-requisites in preparation for medical school application
- **Undergraduate**
2001-2005, Wharton School, University of Pennsylvania, Philadelphia, PA ○
B.S. in Economics, Finance & Accounting Concentrations, May 2005 ○
Summa cum Laude

3. Professional Experience

- **Assistant Professor**
Division of Child and Adolescent Psychiatry, Department of Psychiatry, University of North Carolina at Chapel Hill School of Medicine; **September 2018- Present**
- **Associate Director**
Division of Global Mental Health, Department of Psychiatry, University of North Carolina at Chapel Hill School of Medicine (UNC – Chapel Hill SOM); **October 2019- Present**

- **Clinical Assistant Professor** (secondary affiliation)
School Psychology Program, University of North Carolina at Chapel Hill School of Education;
2019 - present
- **Graduate Research Assistant**
US Centers for Disease Control, Bangkok; Summer 2009
- **Performance Improvement Consultant**
PricewaterhouseCoopers, LL, Boston, MA, 2005 – 2006

4. Honors

- **AACAP Exemplary Mentor**
American Academy of Child and Adolescent Psychiatry (AACAP), October 2022
- **UNC Global Health Scholar**
University of North Carolina at Chapel Hill; April 2016, July 2017 - Sept 2018
- **APA/SAMHSA Minority Fellow**
American Psychiatric Association; July 2016- September 2018
- **Zuckerman Fellow**
Center for Public Leadership of the Harvard Kennedy School; 2011-2012
- **Ayala Scholar**
Harvard Medical School; 2010-2011
- **Summa cum Laude**
Wharton School, University of Pennsylvania, 2005
- **Laventhol and Horvath Accounting Scholar** Wharton School, University of Pennsylvania, 2004

5. Bibliography and products of scholarship

Refereed Papers/Articles

- Ekhteraei S, Vanderburg JL, Dukpa C, Giri P, Bhattarai S, Thapa A, Shrestha C, Gaynes BN, Lamb MM, Matergia M^{^^}, **Cruz CM^{^^}**. **Short Research Article: RESEED—the perceived impact of an enhanced usual care model of a novel, teacher-led, task-shifting initiative for child mental health.** Child and Adolescent Mental Health. 2023 Aug.
^{^^}Denotes equal contribution as senior author and co-corresponding author
- Cherewick M, Daniel C, Shrestha CC, Giri P, Dukpa C, **Cruz CM**, Rai RP, Matergia M. **Psychosocial interventions for autistic children and adolescents delivered by nonspecialists in low-and middle-income countries: a scoping review.** Frontiers in Psychology. 2023 Aug 7;14:1181976.
- Vanderburg JL*, Tow AC*, Marraccini ME, Pittleman C, **Cruz, CM[^]**. **Caregiver Experiences of Adolescent School Reentry After Adolescent Hospitalization due to Suicidal Thoughts and Behaviors: Recommendations to Improve Reentry Practices.** Journal of school health. 2022 Dec 27.
[^]Denotes corresponding author; *Denotes equal contribution
- **Cruz CM^{^^}**, Dukpa C, Vanderburg, J, Rauniyar AK, Giri P, Bhattarai S, Thapa A, Hampanda K, Gaynes BN, Lamb MM, Matergia M^{^^}. **Teacher, caregiver, and student acceptability of**

- teachers delivering task-shifted mental health care to students in Darjeeling, India: a mixed methods pilot study.** *Discover Mental Health.* 2022; 2 (1), 1-24;
<https://doi.org/10.1007/s44192-022-00024-z>
 ^^Denotes co-corresponding author
- Marraccini ME, Pittleman C, Griffard M, Tow AC, Vanderburg JL, **Cruz CM.** **Adolescent, parent, and provider perspectives on school-related influences of mental health in adolescents with suicide-related thoughts and behaviors.** *Journal of school psychology.* 2022 Aug 1;93:98-118.
 - Vanderburg, JL, Dukpa, C, Rauniyar, AK, Giri, P, Bhattarai, S, Thapa, A, Gaynes, BN, Hampanda, K, Lamb, MM, Matergia, M^^*, **Cruz, CM^^***. **Exploring Mental Health and Academic Outcomes of Children Receiving Non-Manualized, Transdiagnostic, TaskShifted Mental Health Care from Their Teachers in a Low-and-Middle Income Country.** 2022. *Front. Pediatr.* 10:807178. doi: 10.3389/fped.2022.807178
 ^^Denotes co-corresponding author; *Denotes equal contribution
 - **Cruz, CM^^***, Giri, P*, Vanderburg, J, Ferrarone, P, Bhattarai, S, Giardina, AA, Gaynes, BN, Hampanda, K, Lamb, MM, Matergia, M.^^ **The Potential Emergence of “Education as Mental Health Therapy” as a Feasible Form of Teacher-Delivered Child Mental Health Care in a Low and Middle Income Country: A Mixed Methods Pragmatic Pilot Study.** *Frontiers in Psychiatry.* 2021 Dec 16; <https://doi.org/10.3389/fpsyt.2021.790536>
 ^^Denotes co-corresponding author; *Denotes equal contribution
 - Vanderburg, J., Bhattarai, S, Ferrarone, P, Giri, P, Lamb, MM, Giardina, AA, Hampanda, K, Matergia, M^^, **Cruz, CM^^.** **Teacher and Caregiver Perceptions of Family Engagement in Teacher-led Task-Shifted Child Mental Health Care in a Low-and-Middle-Income Country.** *Global Public Health.* 2021 Dec 11; 1-16. DOI: 10.1080/17441692.2021.2002924
 ^^Denotes equal contribution as senior author and co-corresponding author
 - **Cruz CM^^**, Lamb MM, Giri P, Vanderburg J, Ferrarone P, Bhattarai S, Giardina A, Hampanda K, Gaynes BN, Matergia M^^. **Perceptions, Attitudes, and Knowledge of Teachers Serving as Mental Health Lay Counselors in a Low and Middle Income Country: A Mixed Methods Pragmatic Pilot Study.** *Int J Ment Health Syst* **15**, 40 (2021). <https://doi.org/10.1186/s13033-021-00453-3>
 ^^Denotes co-corresponding author
 - **Cruz CM^**, Lamb, M.M., Hampanda, K., Giri, P., Campbell, M., Chowdhury, B., Giardina, A., Gaynes, B.N., Matergia, M. **Teacher Nomination of School-aged Children for Mental Health Services in a Low and Middle Income Country.** *Global Health Action.* 2020 Dec 7;14(1):1861921. DOI:10.1080/16549716.2020.1861921
 ^Denotes corresponding author
 - Simmerman JM, Suntarattiwong P, Levy J, Gibbons RV, **Cruz C**, et al. **Influenza virus contamination of common household surfaces during the 2009 influenza A (H1N1) pandemic in Bangkok, Thailand: implications for contact transmission.** *Clinical Infectious Diseases.* 2010 Nov 1;51(9):1053-61.
 - Materna AC, Friedman J, Bauer C, **David C**, Chen S, Huang IB, Gillens A, Clarke SA, Polz MF, Alm EJ. **Shape and evolution of the fundamental niche in marine Vibrio.** *ISME J.* 2012 Dec;6(12):2168-77. PubMed PMID: 22832347; PubMed Central PMCID: PMC3504960.

Invited oral presentations

- **Cruz CM.** Task-Shifting Child Mental Health Care to Teachers. *Invited.* Office of Global Health Education, UNC-CH, Chapel Hill, NC. Presented September 2023.
- **Cruz CM.** Task-Shifting Child Mental Health Care to Teachers. *Invited.* Uppsala University, Uppsala, Sweden. Presented August 2023.
- **Cruz CM.** Task-Shifting Child Mental Health Care to Teachers. *Invited.* Harold Amos Medical Faculty Development Program, Chicago, IL. Presented July 2023.
- **Cruz CM.** Teachers Delivering and Supporting Indicated Mental Health Care in Schools. *Invited* KL2 Visiting Professorship at Icahn Mount Sinai School of Medicine, New York, NY. Presented virtually April 2023.
- **Cruz CM** and Matergia M. Task-shifting Children’s Mental Health Care to Teachers in Darjeeling: the Potential Emergence of “Education as Mental Health Therapy”. Children’s National Hospital, Division of Psychiatry and Behavioral Sciences, *invited*, Washington, DC. Presented virtually September 2022.
- **Cruz CM.** Teachers Delivering and Supporting Indicated Mental Health Care in Schools. *Invited* KL2 Visiting Professorship at the University of California at San Francisco (UCSF). Presented virtually March 2022.
- **Cruz CM** and Matergia M. Task-shifting Children’s Mental Health Care to Teachers in Darjeeling: the Potential Emergence of “Education as Mental Health Therapy”. UNC Department of Psychiatry Grand Rounds, *invited*, Chapel Hill, NC. 2021
- Panelist for A Conversation About Race, Trauma, and Resiliency. North Carolina Psychiatric Association, *invited*, Raleigh, NC. Presented virtually December 2020
- **Cruz CM.** Task-shifting Children’s Mental Health Care to Teachers in Darjeeling. UNC Department of Psychiatry Grand Rounds, *invited*, Chapel Hill, NC. 2018
- **Cruz CM.** School Mental Health in Darjeeling, India. UNC Department of Psychiatry Grand Rounds, *invited*, Chapel Hill, NC. 2016
- **Cruz CM,** Matergia M. Presentation: School Mental Health in Darjeeling. Psychiatry Innovation Lab, American Psychiatric Association IPS: Mental Health Services Conference, *invited*, Washington, DC. 2016
- **Cruz CM.** School Mental Health in a Fractured System. Child Guidance, Institute of Mental Health - Singapore, *invited*, Singapore. 2015

6. Selected Active Grants, Highlighting Main Funding

- **Clinical Scientist Development Award**
Doris Duke Charitable Foundation, July 2023 – June 2026; Role: PI
Targeting Adolescents for Teacher-Delivered Task-Shifted Mental Health Care
- **UNC Suicide Prevention Institute Partnership**
UNC Suicide Prevention Institute (SPI), July 2023 – June 2025; Role: SPI Partner Tealeaf
– North Carolina
- **Junior Faculty Development Award at UNC**

UNC Office of the Provost, January 2023 – December 2023; Role: PI
Adapting to the Philippines an Intervention in Which Teachers Deliver Task-Shifted Child Mental Health Care

- **Bringing Southeast Asia Home**

UNC Carolina Asia Center/Henry Luce Foundation, December 2022 – December 2023; Role: Awardee (PI: Lentz)

Implementing Teachers Delivering Task-shifted Child Mental Health Care in the Philippines – Building Collaborations

- **North Carolina Early Psychosis Interventions Technical Assistance Program (EPINC) – Community Outreach and Education**

Substance Abuse Mental Health Services Administration (SAMHSA) Mental Health Block Grant to UNC’s EPI-NC, July 2022 – June 2024; Role: Consultant (PI: Perkins)

- **Partnership and Grant**

Mariwala Health Initiative (foundation), September 2019 – December 2025; Role: PI

TeaLeaF: Teachers Leading the Frontlines - Improving access to children’s community mental health by meeting children in schools, where they are, every day

7. Professional Service

- **Board of Directors** (volunteer position)

International Montessori School, Durham, NC (non-profit pre-K and elementary school) June 2022 - Present

- **Director of Mental Health** (volunteer position)

Broadleaf Health and Education Alliance, Stroudsburg, PA (non-profit) September 2021 - Present

- **Faculty Consultant**

Mental Health Equity Initiative, Department of Psychiatry, UNC – Chapel Hill SOM October 2020- Present

- **Associate Director**

Division of Global Mental Health, Department of Psychiatry, UNC – Chapel Hill SOM October 2019- Present ○ Highlighted in the UNC Endeavors research magazine for global mental health innovation: <https://www.unc.edu/posts/2023/05/25/teachers-for-mental-health/>

- **Faculty Advisor**

Modern Indian Studies Initiative, UNC Global, UNC – Chapel Hill

September 2019 – Present ○ Hosted and moderated a webinar “Mental Health: The Hidden Pandemic” for the series “Risk and Resilience during the COVID-19 Pandemic in India” including panelists Dr.

- Vikram Patel (Harvard Medical School / Sangath), Dr. Aparna Joshi (Tata Institute of Social Sciences), Priscilla Giri (Darjeeling Ladenla Road Prerna), and Raj Mariwala (Mariwala Health Initiative). Co-moderated with Dr. Michael Matergia. October 23, 2020.
- Video link - <https://youtu.be/nNCSuOrncAk>

- **Faculty Advisor**

Carolina Asia Center, UNC – Chapel Hill

September 2019 – Present ○ Work highlighted in the CAC's 20th anniversary celebration ○ Video link - <https://youtu.be/6H8SGKN-4Ks>

- **Member**

American Psychiatric Association/North Carolina Psychiatric Association
2015 – 2018, 2020 to present ○ Council on Quality Care 2016-2017
○ Council on Children, Adolescents, & Their Families 2017-2018 ○ Council on Research, 2022-present

- **Member**

American Academy of Child and Adolescent Psychiatry
2012-2013, 2016 – present ○ Mentor for medical students, 2019 – Present

- **Expert community mental health informant** ○ WCHL – chapelboro.com, Chapel Hill news
 - 07/21/22: '988 suicide and crisis hotline'; https://chapelboro.com/the-aaronkeck-show/on-air-today/on-air-today-988-suicide-and-crisis-lifeline?fbclid=IwAR26GHanbWyj1APuXE5MYGj2iKW7gUHeCFDB70rHpB9YXYOMR71iX_9XE
 - 01/04/2021: 'I Didn't Expect the Severity To Be Worse': UNC Psychiatrist Recaps Mental Health in 2020; <https://chapelboro.com/news/health/i-didntexpect-the-severity-to-be-worse-unc-psychiatrist-recaps-mental-health-in-2020>
 - 12/10/2020: The For'Em on the Hill: Community Conversations – Mental Health Panel; <https://chapelboro.com/forumonthehill> ○ 09/16/2020: Addressing Taboo Topics: National Suicide Prevention Month; <https://chapelboro.com/news/health/addressing-taboo-topics-national-suicideprevention-month> ○ ABC11 Television Station, Raleigh, NC ○ 05/4/2021: Wake County Schools board to consider budget for more mental health counselors; <https://abc11.com/wake-county-schools-wcpss-budgermental-health-resources-superintendent-cathy-moore/10580058/>